

Ruth Bradley

Physiotherapist

BSc Hons Physiotherapy

Member of Chartered Society of Physiotherapy,

HCPC Registered



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REHAB SOLUTIONS**

Professional Profile

Ruth Bradley is an independent physiotherapist offering bilingual (Welsh) rehabilitation for a range of medical conditions such as amputees, orthopaedic injuries, neurological post ICU weakness and respiratory physiotherapy, resulting from catastrophic injuries, birth injuries, chronic and acute illness.

Professional training was completed at Cardiff University graduating in 2008 with a 2:1. Entering the NHS and gaining experience within cardiothoracic, general and orthopaedic surgery, burns and plastics, rehabilitation, long term ventilation, cystic fibrosis, musculoskeletal, sports injury and hydrotherapy. Becoming a specialist physiotherapist in cardiothoracic transplants in 2014.

Ruth also gained experience of working in the private healthcare setting at a BMI hospital working with respiratory, orthopaedic, medical, neurological and surgical patients. Working in these varied specialities developed specialist skills in physiotherapy assessments, analysis and development of individual treatment plans. Aiming to promote independence, improve function, maximise activity, decrease symptoms and prevent abnormality.

Ruth's experience over a wide range of specialist areas has provided her with a strong skill set working with patients through their critically unwell stages through to the home environment.

Ruth's skills as a physiotherapist offer an innovative and holistic approach to providing expert and specialist assessments, goal setting, range of treatment options to meet needs of the client, training peers, family and care teams, whilst promoting interdisciplinary working.

Ruth's expert knowledge of specialised equipment, outcome measures and treatment approaches, has enabled a successful transition to working within the medico-legal framework.

Before training as a physiotherapist Ruth spent 2.5 years working as an Occupational Therapy Assistant bringing a unique angle to her role as a physiotherapist, adept at incorporating meaningful activity and function into clients' goals and treatment.

Ruth enjoys all aspects of her clinical work including the challenges of cognitive, perceptual and physical deficit. Within Ruth's role she also provides specialist aids and adaptations, bespoke rehabilitation programmes, training, supervision and service development.

UNITED REHAB SOLUTIONS LIMITED

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Professional Qualification and Membership

BSc Hons Physiotherapy 2008,
Member of Chartered Society of Physiotherapy
HCPC Registered

Experience & Employment History

- **Hospital – NHS 2008- present**

Manchester University Teaching Hospital Trust

- **Private –**

BMI Alexandra Hospital

Broughton Park Rugby Club

Oldham Roughyeds Rugby League Club

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