

Idris Parry

Therapy Assistant

NVQ level 3 Health and Social Care

DBS Certificate 001664217904



**UNITED
REHAB SOLUTIONS**

Professional Profile

Idris Parry is a Rehabilitation Therapy Assistant who can offer a bilingual (Welsh) service. Idris has worked in a variety of care settings, with over 9 years of experience working with adults with acquired brain injury, learning disabilities and mental health problems.

Idris's most recent experience is within catastrophic injury, including acquired brain injury, amputees, orthopaedic injuries and nerve injuries. He has successfully supported a number of clients to participate in and complete their rehabilitation programmes. Through encouragement to participate in daily living skills, providing motivation to continue with pre accident hobbies and also to explore new hobbies that are of interest.

Idris is a key member of the interdisciplinary team, working closely with all the therapists involved in the client's care. He ensures that the goals and rehabilitation activities are being completed consistently with the client, that they are meaningful and can be monitored to document specific client's goals. Examples of this are hand therapy, fitness goals, following a cognitive rehabilitation programme, social integration etc.

Idris takes a hands-on approach to the activities the client is engaging in. By doing things together initially, this reduces the feelings of being observed, provides an opportunity to build therapeutic relationships, ensuring that the client feels comfortable and safe, minimising any pressure they may be experiencing. Idris will support with problem solving when required and at the appropriate time is able to reduce the level of support and input required enabling clients to achieve their goals and independence.

Idris worked for a local care provider soon after leaving school where he progressed from support worker to team leader in a short period of time. Within this setting Idris supported with managing the home, which consisted of 6 adults with learning difficulties, behavioural problem and mental health issues. Within this role Idris would create care plans and risk assessments, whilst ensuring that the staff team were able to follow the care packages and support the clients successfully.

Idris has also worked as a rehabilitation programme assistant for an independent regional neuro rehabilitation provider and travelled across North Wales and the North West of England providing assistance to clients in reaching their rehabilitation goals.

Idris joined United Rehab Solutions in 2017 as a business manager to provide support to the director with the day to day running of the business. Through his previous experience in the rehabilitation setting he has assisted with

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developing the rehabilitation therapy assistant roles. A generic role working with speech and language therapy, physiotherapy, occupational therapy to ensure a holistic approach to maximising rehabilitation potential.

Professional Qualification and Membership

NVQ Level 3 Health and social care

Experience & Employment History

Care home setting - Mental health care group 1997 – 2003

- Autism
- Learning difficulties
- Mental health
- Behavioural problems

Community – Reach 2009 - 2011

- Adult acquired brain injury

Community – United rehab solutions 2017 - ongoing

- Adult acquired brain injury
- Hand therapy

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