

# Andrea Parry

Neurological Occupational Therapist

BSc Hons

Member of The British Association of Occupational therapists

Member of Occupational Therapists in Independent Practice (OTIP)

HCPC Registered



## Professional Profile

Andrea Parry is a specialist occupational therapist offering a bilingual (Welsh) service. Andrea has worked within catastrophic injury rehabilitation and personal injury / medical negligence for over 11 years.

Andrea is an expert in neurological rehabilitation, with a specialist interest in acquired brain injury and persistent disorders of consciousness. Furthermore, Andrea provides rehabilitation for a range of medical conditions such as amputees, spinal injuries, complex trauma orthopaedic injuries (which includes hand therapy), ASD and mental health.

Professional training was completed at St Martins College in Lancaster graduating in 2001, later returning to North Wales to commence a mixed rotation, gaining experience within various physical and mental health settings. Andrea then opted to join a locum agency which gave the opportunity to broaden professional experiences and skills across various specialties within England and Wales. This later led to a move to New Zealand for 12 months working within the specialist area of acquired brain injury rehabilitation and complex injury.

On returning to the UK Andrea chose to specialise within neurological conditions, acquired brain injury and developed her role as an expert independent practitioner. During this time, Andrea has developed her professional skills working with disorders of consciousness, specialising in assessment, recording and analysing responses, interdisciplinary treatment and recommendations. This is a complex area that requires specialist skills, for example, therapeutic handling, sensory integration, spasticity management, specialist equipment and technology as well as being aware of the medical complications and risks factors that often accompany this diagnosis. Andrea has worked with this client group for the last eleven years, working closely with physiotherapists, speech and language therapists, nursing teams, rehabilitation consultants, neuropsychologists, case managers and legal team, providing expert rehabilitation both within in-patient rehabilitation environments and within the community. She has achieved excellent outcomes for clients and their families (who often require additional support). Andrea has also worked with an Australian legal team and presented herself confidently and successfully within a court room environment, achieving a positive outcome for the client.

In addition, working within the medical legal setting has provided opportunities to develop skills working with clients who have suffered multiple injuries and often present with complex and challenging needs, some of which maybe pre-existing. Andrea's skills as an occupational therapist offer an innovative and holistic approach to providing expert and specialist assessments, goal setting, range of treatment options to meet needs of the client, training peers, family and care teams.

## UNITED REHAB SOLUTIONS LIMITED

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Andrea enjoys all aspects of her clinical work including the challenges of cognitive, perceptual and physical deficit. Within Andrea's role she also provides vocational rehabilitation, splinting, casting, upper limb and hand therapy, seating and posture management, cognitive assessment therapy, low awareness assessment and treatment, specialist aids and adaptations, bespoke rehabilitation programmes, training, supervision and service development.

Offering specialist, unique and creative solutions to the client, families and support teams is a passion of Andrea's and it's this passion that drives her to achieve the best outcomes for all those involved in a client's care.

More recently Andrea has enjoyed successful court room experience acting as an expert witness. This has enabled Andrea to demonstrate the depth of her clinical skills and knowledge with successful outcomes for her clients. In addition to this, Andrea has also been requested within her role to take on some case management responsibilities, these tasks have blended well with the role of an occupational therapists and provided a more cost effective and seamless service for the client and their families.

## Professional Qualification and Membership

BSc Hons Occupational Therapy 2001

Member of The British Association of Occupational Therapists

Member of Occupational Therapists in Independent Practice (OTIP)

HCPC Registered

## Experience & Employment History

Hospital – NHS 2011-2006

- Community Hospital
- Orthopaedics
- Medical / Surgical
- Elderly Care
- Stroke Rehabilitation

Community – NHS

- Adult Community Rehabilitation, 2005
- Community Mental Health, 2002

Private –

- In patient Acquired Brain Injury Rehabilitation (including disorders of consciousness – high level function traumatic brain injuries), 2005 – 2009
- Forensic Mental Health Rehabilitation, 2005 – 2006
- Community Brain Injury Rehabilitation (including disorders of consciousness – high level function traumatic brain injuries), 2005 – ongoing
- Community Rehabilitation following catastrophic Injuries (including complex orthopaedics, spinal injuries, amputees, conversion syndrome) – 2005 - ongoing
- Occupational Therapy input to Private Hospitals (Orthopaedics, Stroke), 2008
- Staff and Carer Training, 2005 – Ongoing
- Director of Integrate Therapy Ltd and Lead Occupational Therapist – 2010 – 2015

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- Director of United Rehab Solutions Ltd and Lead Occupational Therapist – 2015 - current

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